



St Joseph's PSHE Curriculum overview – 2021/2022

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	EYFS	Key Stage 1		Lower Key Stage 2		Upper Key Stage 2	
	Nurs / Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn term 1	<u>Mental Health & Emotional Wellbeing</u> <ul style="list-style-type: none"> Me and my relationships Valuing difference 	<u>Physical Health & Wellbeing</u> <ul style="list-style-type: none"> Fun times 	<u>Physical Health & Wellbeing</u> <ul style="list-style-type: none"> What keeps me healthy 	<u>Mental Health & Emotional Wellbeing</u> <ul style="list-style-type: none"> Strengths & Challenges 	<u>Keeping safe & managing risk</u> <ul style="list-style-type: none"> Playing safe 	<u>Physical Health & Wellbeing</u> <ul style="list-style-type: none"> In the media 	<u>Mental Health & Emotional Wellbeing</u> <ul style="list-style-type: none"> Healthy minds
Autumn term 2	<u>Identity, society & equality</u> <ul style="list-style-type: none"> Rights & responsibilities 	<u>Keeping safe & managing risk</u> <ul style="list-style-type: none"> Feeling safe 	<u>Relationships, sex & health education</u> <ul style="list-style-type: none"> We meet God's love in the community 	<u>Relationships, sex & health education</u> <ul style="list-style-type: none"> How we live in love 		<u>Drug, alcohol & tobacco</u> <ul style="list-style-type: none"> Making choices 	
Spring term 1	<u>Physical health & Wellbeing</u> <ul style="list-style-type: none"> Being my best Growing & Changing 	<u>Identity, society & equality</u> <ul style="list-style-type: none"> Me & others 	<u>Mental Health & Emotional Wellbeing</u> <ul style="list-style-type: none"> Friendships 	<u>Drug, Alcohol & Tobacco Education</u> <ul style="list-style-type: none"> Tobacco is a drug 	<u>Physical Health & Wellbeing</u> <ul style="list-style-type: none"> What is important to me 	<u>Keeping safe & managing risk</u> <ul style="list-style-type: none"> Making safer choices 	<u>Careers, financial capability & economic wellbeing</u> (see Positive Footsteps resource)
Spring term 2		<u>Drug, alcohol & tobacco education</u> <ul style="list-style-type: none"> What do we put into & on to bodies 	<u>Keeping safe & managing risk</u> <ul style="list-style-type: none"> Indoor & outdoors 	<u>Physical Health & Wellbeing</u> <ul style="list-style-type: none"> What helps me choose 	<u>Mental Health & Emotional Wellbeing</u> <ul style="list-style-type: none"> Expressing feelings 	<u>Careers, financial capability & economic wellbeing</u> <ul style="list-style-type: none"> Borrowing & earning 	
Summer term 1	<u>Keeping safe & managing risk</u> <ul style="list-style-type: none"> Keeping myself safe 	<u>Mental Health & Emotional Wellbeing</u> <ul style="list-style-type: none"> Feelings 	<u>Drug, alcohol & tobacco education</u> <ul style="list-style-type: none"> Medicines and me 	<u>Identity, society & equality</u> <ul style="list-style-type: none"> Celebrating difference 	<u>Relationships, sex & health education</u> <ul style="list-style-type: none"> God loves us in our differences 	<u>Identity, society & equality</u> <ul style="list-style-type: none"> Stereotypes, discrimination & prejudice 	<u>Identity, society & equality</u> <ul style="list-style-type: none"> Human rights
Summer term 2		<u>Relationships, sex & health education</u> <ul style="list-style-type: none"> We meet God's love in our family 		<u>Careers, financial capability & economic wellbeing</u> <ul style="list-style-type: none"> My money 		<u>Careers, financial capability & economic wellbeing</u> <ul style="list-style-type: none"> Saving, spending & budgeting 	<u>Identity, society & equality</u> <ul style="list-style-type: none"> Democracy