



## St Joseph's PSHE & RSE Curriculum overview – 2022/23

|                          | St Joseph's PSHE & RSE Curriculum overview – 2022/23  |   |  |   |   |  |   |
|--------------------------|---|---|--|---|---|--|---|
|                          | EYFS  | Key Stage 1   |  | Lower Key Stage 2   |   | Upper Key Stage 2  |   |
|                          | Nursery / Rec   | Year 1  | Year 2   | Year 3  | Year 4  | Year 5   | Year 6  |
| Autumn term 1<br>6 weeks | <p>EYFS Curriculum skills for age 3-4/4-5</p> <p>No Outsiders: Everyone different, everyone welcome: to choose what I like</p>  | <p>You me PSHE: Physical health and wellbeing: Fun times</p> <p>No Outsiders: Everyone different, everyone welcome: I like the way I am</p>   | <p>You me PSHE: Physical health and wellbeing: What keeps me healthy?</p> <p>No Outsiders: Everyone different, everyone welcome: To welcome different people</p> | <p>You me PSHE: Drug, alcohol and tobacco education: Tobacco is a drug</p> <p>No Outsiders: Everyone different, everyone welcome: To understand what discrimination means</p>       | <p>You me PSHE: Identity, society &amp; equality: Democracy</p> <p>No Outsiders: Everyone different, everyone welcome: To help someone accept difference</p>      | <p>You me PSHE: Physical health and wellbeing: In the media</p> <p>No Outsiders: Everyone different, everyone welcome: To consider consequences</p>  | <p>A Journey in Love: The wonder of God's love in creating new life</p> <p>No Outsiders: Everyone different, everyone welcome: To consider responses to immigration</p>   |
| Autumn term 2<br>7 weeks | <p>EYFS Curriculum skills for age 3-4/4-5</p> <p>No Outsiders: Everyone different, everyone welcome: Its okay to like different things</p> <p>A journey in Love: The Wonder of being special and unique</p> | <p>You me PSHE: Keeping safe and managing risk: Feeling safe</p> <p>No Outsiders: Everyone different, everyone welcome: To Join in</p>  | <p>You me PSHE: Mental Health and emotional wellbeing: Friendship</p> <p>No Outsiders: Everyone different, everyone welcome: To have self Confidence</p>         | <p>You me PSHE: Keeping safe and managing risk: Bullying – see it, say it, stop it</p> <p>No Outsiders: Everyone different, everyone welcome: To understand what a bystander is</p> | <p>You me PSHE: Drug, alcohol &amp; tobacco: Making choices</p> <p>No Outsiders: Everyone different, everyone welcome: To choose when to be assertive</p>         | <p>You me PSHE: Identity, society and equality: Stereotypes, discrimination and prejudice (including tackling homophobia)</p> <p>No Outsiders: Everyone different, everyone welcome: To justify my actions</p> | <p>A Journey in Love: The wonder of God's love in creating new life</p> <p>No Outsiders: Everyone different, everyone welcome: To consider freedom of speech</p>          |
| Spring term 1<br>6 weeks | <p>EYFS Curriculum skills Age 4/5</p> <p>No Outsiders: Everyone different, everyone welcome: To say Hello</p>   | <p>You me PSHE: Identity, society and equality: Me and others</p> <p>A Journey in Love: We meet Gods Love in our family.</p> <p>No Outsiders: Everyone different, everyone welcome: To find ways to play together</p> | <p>A journey in love: We meet Gods Love in the community</p> <p>No Outsiders: Everyone different, everyone welcome: To understand what diversity is</p>          | <p>You me PSHE: Mental Health and emotional wellbeing: Strengths and Challenges</p> <p>No Outsiders: Everyone different, everyone welcome: To be welcoming</p>                      | <p>You me PSHE: Physical Health &amp; Wellbeing: What is important to me</p> <p>No Outsiders: Everyone different, everyone welcome: . To be proud of who I am</p> | <p>You me PSHE: Keeping safe and managing risk: When things go wrong?</p> <p>No Outsiders: Everyone different, everyone welcome: To consider responses to racist behaviour</p>                                 | <p>You me PSHE: Drug, alcohol and tobacco education: Weighing up risks</p> <p>No Outsiders: Everyone different, everyone welcome: To overcome fears about differences</p> |

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| <p style="writing-mode: vertical-rl; transform: rotate(180deg);">Spring term 2<br/>7 weeks</p> | <p>EYFS Curriculum skills Age 4/5</p> <p>No Outsiders: Everyone different, everyone welcome: All families are different</p>                  | <p>You me PSHE: Drug, alcohol and tobacco education: What do we put into and on to bodies?</p> <p>No Outsiders: Everyone different, everyone welcome: Proud to be me</p> | <p>A journey in love: We meet Gods Love in the community</p> <p>No Outsiders: Everyone different, everyone welcome: To think about what makes a good friend</p>       | <p>You me PSHE: Identity, society and equality: Celebrating difference</p> <p>A Journey in Love: How we live in love</p> <p>No Outsiders: Everyone different, everyone welcome: To recognise a stereotype</p> | <p>You me PSHE: Keeping safe and managing risks: Playing safe</p> <p>A Journey in Love: God loves us in our differences</p> <p>No Outsiders: Everyone different, everyone welcome: To find a common ground</p> | <p>You me PSHE: Mental health and emotional wellbeing: Dealing with feelings</p> <p>A Journey in Love: God loves us in our changing and developing</p> <p>No Outsiders: Everyone different, everyone welcome: To recognise when someone needs help</p> | <p>You me PSHE: Identity, society and equality: Human rights</p> <p>No Outsiders: Everyone different, everyone welcome: To consider causes of racism</p>   |
| <p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer term 1<br/>5 weeks</p> | <p>EYFS Curriculum skills Early Learning Goal for PSED</p> <p>No Outsiders: Everyone different, everyone welcome: To Celebrate my Family</p> | <p>You me PSHE: Mental health and emotional wellbeing: Feelings</p> <p>No Outsiders: Everyone different, everyone welcome: I share the world with lots of people</p>     | <p>You me PSHE: Keeping safe and managing risks: indoors and outdoors</p> <p>No Outsiders: Everyone different, everyone welcome: To communicate in different ways</p> | <p>You Me, PSHE: Careers, financial capability and economic wellbeing: Saving, spending and budgeting</p> <p>No Outsiders: Everyone different, everyone welcome: To recognnise and help an outsider</p>       | <p>A journey in Love: God Loves us in our differences</p> <p>No Outsiders: Everyone different, everyone welcome: To look after my mental Health</p>  | <p>You me PSHE: Drug, alcohol and tobacco education: Different influences</p> <p>No Outsiders: Everyone different, everyone welcome: To explore friendship</p>   | <p>You me PSHE: Mental health and emotional wellbeing: Healthy Minds</p> <p>No Outsiders: Everyone different, everyone welcome: To show acceptance</p>   |
| <p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer term 2<br/>7 weeks</p> | <p>EYFS Curriculum skills Early Learning Goal for PSED</p> <p>No Outsiders: Everyone different, everyone welcome: To make a new friend</p>   | <p>You Me, PSHE: Careers, financial capability and economic wellbeing: My money</p> <p>No Outsiders: Everyone different, everyone welcome: To work together</p>          | <p>You me PSHE: Drug, alcohol and tobacco education: Medicines and me</p> <p>No Outsiders: Everyone different, everyone welcome: To know I belong</p>                 | <p>You Me, PSHE: Physical health and wellbeing: What helps me choose?</p> <p>No Outsiders: Everyone different, everyone welcome: To consider living in Britain today</p>                                      | <p>A journey in Love: God Loves us in our differences</p> <p>No Outsiders: Everyone different, everyone welcome: To show acceptance</p>  | <p>You Me, PSHE: Careers, financial capability and economic wellbeing: Borrowing and earning money</p> <p>No Outsiders: Everyone different, everyone welcome: To exchange dialogue and express an opinion</p>  | <p>You me PSHE: Keeping safe and managing risks: Keeping safe out and about Female genital mutilation</p> <p>Career aspirations</p> <p>No Outsiders: Everyone different, everyone welcome: To consider democracy</p> |