



St Joseph's PE Curriculum Overview

EYFS		Key Stage 1		Lower Key Stage 2		Upper Key Stage 2		
	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn term 1	FMS in provision Fine and Gross Motor skills	EYFS - Fundamental Movement Skills EYFS - FMS – Elmer	FMS Baseline assessment Supertato Forest School	FMS Baseline assessment KS1 - Y1 - Baseline Unit - Lost and Found	FMS Baseline assessment FMS Catch up based on skills needed from KS1 end of year assessments	Swimming	FMS Baseline assessment Year 5/6 Athletics	FMS Baseline assessment Year 5/6 Athletics
Autumn term 2	FMS in provision Fine and Gross Motor skills	EYFS - FMS - How to catch a star EYFS - FMS - Rosies Walk	KS1 - Y1 Dance – Three Little Pigs	Forest School	Year 3 Gymnastics Core Task 1	Swimming	Year 5/6 Net and Wall - Badminton	Year 5/6 Net and Wall - Badminton
Spring term 1	FMS in provision Fine and Gross Motor skills	EYFS - FMS – Rumble in the Jungle EYFS - FMS – Hungry Caterpillar	KS1 - Y1 - Gymnastics Activities Core Task 1 Fencing	KS1 - Y2 - Gymnastics Activities Fencing	Forest School Year 3/4 Dance	Swimming Year 3/4 Dance	Year 5/6 - Dance Year 5/6 Invasion Games - Rugby 1	Year 5/6 – Dance Year 5/6 Invasion Games - Rugby 2
Spring term 2	FMS in provision Fine and Gross Motor skills	EYFS - FMS – Jack and the Beanstalk EYFS - FMS – Superworm	KS1 - Y1 - FMS Underarm Throw KS1 - Y1 - FMS Rolling a Ball	KS1 - Y2 Dance - Wind in the Willows KS1 FMS and Gym - Jack and the Beanstalk	Year 3/4 OAA - Team Work & Problem Solving Year 3/4 Target Games - Dodgeball	Swimming Year 3/4 OAA - Trust and Trails	Year 5/6 OAA - Teamwork and Problem Solving 1 Year 5 Gymnastic Core Task 1	Year 5/6 Orienteering Year 6 Gymnastic Core Task 1
Summer term 1	FMS in provision Fine and Gross Motor skills	EYFS - FMS – Castles EYFS - FMS – Transport	KS1 - Y1 - FMS Catching and Bouncing a ball KS1 - FMS Kicking Unit	KS1 - Y2 - Games - Net and Wall KS1 - FMS Kicking Unit	Year 3/4 Invasion Games – Rugby 1 Year 3/4 - Net and Wall Unit Core Task 1	Swimming Year 3/4 Invasion Games - Rugby 2	Forest School Year 5/6 Invasion Games - Hockey	Year 5/6 Invasion Games – Hockey Year 5/6 Striking and Fielding - Cricket
Summer term 2	FMS in provision Fine and Gross Motor skills	EYFS - FMS – Seaside EYFS - FMS – Space	KS1 - Y1 - FMS Overarm Throw KS1 Y1 FMS - Zog	KS1 - Y2 - Games - Striking and Fielding FMS end of KS1 Assessments	Year 3/4 Striking and Fielding – Cricket Year 3/4 Health Related Fitness	Year 4 Gymnastics Core Task 1 Year 3/4 Striking and Fielding - Cricket	Year 5/6 - Creative Games Year 5/6 Striking and Fielding - Cricket	Swimming Forest School