



St Joseph's PSHE & HRSE Curriculum overview

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	EYFS	Key Stage 1		Lower Key Stage 2		Upper Key Stage 2	
	Nursery / Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn term	<p>EYFS Curriculum skills for age 3-4/4-5</p> <p>Reception: No Outsiders: Everyone different, everyone welcome: to choose what I like</p> <p>EYFS Curriculum skills for age 3-4/4-5</p> <p>Reception: No Outsiders: Everyone different, everyone welcome: Its okay to like different things</p>	<p>You me PSHE: Physical health and wellbeing: Fun times</p> <p>No Outsiders: Everyone different, everyone welcome: I like the way I am</p> <p>You me PSHE: Keeping safe and managing risk: Feeling safe</p> <p>You Me PSHE Online safety</p> <p>No Outsiders: Everyone different, everyone welcome: To Join in</p>	<p>You me PSHE: Physical health and wellbeing: What keeps me healthy?</p> <p>No Outsiders: Everyone different, everyone welcome: To welcome different people</p> <p>You me PSHE: Mental Health and emotional wellbeing: Friendship</p> <p>No Outsiders: Everyone different, everyone welcome: To have self Confidence</p>	<p>You me PSHE: Drug, alcohol and tobacco education: Tobacco is a drug</p> <p>No Outsiders: Everyone different, everyone welcome: To understand what discrimination means</p> <p>You me PSHE: Keeping safe and managing risk: Bullying – see it, say it, stop it</p> <p>No Outsiders: Everyone different, everyone welcome: To understand what a bystander is</p>	<p>You me PSHE: Identity, society & equality: Democracy</p> <p>No Outsiders: Everyone different, everyone welcome: To help someone accept difference</p> <p>You me PSHE: Drug, alcohol & tobacco: Making choices</p> <p>No Outsiders: Everyone different, everyone welcome: To choose when to be assertive</p>	<p>You me PSHE: Physical health and wellbeing: In the media</p> <p>No Outsiders: Everyone different, everyone welcome: To consider consequences</p> <p>You me PSHE: Identity, society and equality: Stereotypes, discrimination and prejudice</p> <p>No Outsiders: Everyone different, everyone welcome: To justify my actions</p> <p>A journey in Love: God loves us in our changing and developing</p>	<p>A Journey in Love: The wonder of God's love in creating new life</p> <p>No Outsiders: Everyone different, everyone welcome: To consider responses to immigration</p> <p>You me PSHE: Relationship and Health Education: Healthy relationships</p> <p>No Outsiders: Everyone different, everyone welcome: To consider freedom of speech</p>

Spring term

<p>EYFS Curriculum skills Age 4/5</p> <p>Reception: No Outsiders: Everyone different, everyone welcome: To say Hello</p> <p>EYFS Curriculum skills Age 4/5</p> <p>Reception: No Outsiders: Everyone different, everyone welcome: All families are different</p>	<p>You me PSHE: Identity, society and equality: Me and others</p> <p>No Outsiders: Everyone different, everyone welcome: To find ways to play together</p> <p>You me PSHE: Drug, alcohol and tobacco education: What do we put into and on to bodies?</p> <p>No Outsiders: Everyone different, everyone welcome: Proud to be me</p> <p>A journey in Love: We meet in God's love in our family</p>	<p>A journey in love: We meet Gods Love in the community.</p> <p>No Outsiders: Everyone different, everyone welcome: To understand what diversity is</p> <p>You me PSHE: Relationship and Health Education: Boys and girls, families</p> <p>No Outsiders: Everyone different, everyone welcome: To think about what makes a good friend</p>	<p>You me PSHE: Mental Health and emotional wellbeing: Strengths and Challenges</p> <p>No Outsiders: Everyone different, everyone welcome: To be welcoming</p> <p>You me PSHE: Identity, society and equality: Celebrating difference</p> <p>You Me PSHE Online safety</p> <p>No Outsiders: Everyone different, everyone welcome: To recognise a stereotype</p>	<p>You me PSHE: Physical Health & Wellbeing: What is important to me</p> <p>No Outsiders: Everyone different, everyone welcome: . To be proud of who I am</p> <p>You me PSHE: Keeping safe and managing risks: Playing safe</p> <p>No Outsiders: Everyone different, everyone welcome: To find a common ground</p>	<p>You me PSHE: Keeping safe and managing risk: Making safer choices</p> <p>No Outsiders: Everyone different, everyone welcome: To consider responses to racist behaviour</p> <p>You me PSHE: Mental health and emotional wellbeing: Dealing with feelings</p> <p>No Outsiders: Everyone different, everyone welcome: To recognise when someone needs help</p>	<p>You me PSHE: Drug, alcohol and tobacco education: Weighing up risks</p> <p>No Outsiders: Everyone different, everyone welcome: To overcome fears about differences</p> <p>You me PSHE: Identity, society and equality: Human rights</p> <p>No Outsiders: Everyone different, everyone welcome: To consider causes of racism</p>
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Summer term

<p>EYFS Curriculum skills Early Learning Goal for PSED</p> <p>Reception: No Outsiders: Everyone different, everyone welcome: To Celebrate my Family</p> <p>A Journey in Love: The wonder of being special and unique (3 weeks) EYFS Curriculum skills Early Learning Goal for PSED</p> <p>Reception: No Outsiders: Everyone different, everyone welcome: To make a new friend</p>	<p>You me PSHE: Mental health and emotional wellbeing: Feelings</p> <p>No Outsiders: Everyone different, everyone welcome: I share the world with lots of people</p> <p>You Me, PSHE: Careers, financial capability and economic wellbeing: My money</p> <p>No Outsiders: Everyone different, everyone welcome: To work together</p>	<p>You me PSHE: Keeping safe and managing risks: indoors and outdoors</p> <p>No Outsiders: Everyone different, everyone welcome: To communicate in different ways</p> <p>You me PSHE: Drug, alcohol and tobacco education: Medicines and me</p> <p>No Outsiders: Everyone different, everyone welcome: To know I belong</p>	<p>You Me, PSHE: Careers, financial capability and economic wellbeing: Saving, spending and budgeting</p> <p>No Outsiders: Everyone different, everyone welcome: To recognise and help an outsider</p> <p>You Me, PSHE: Physical health and wellbeing: What helps me choose?</p> <p>No Outsiders: Everyone different, everyone welcome: To consider living in Britain today</p> <p>A journey in Love: How we live in love</p>	<p>A journey in Love: God Loves us in our differences.</p> <p>No Outsiders: Everyone different, everyone welcome: To look after my mental Health</p> <p>You me PSHE: Relationship and Health Education: Growing up and Changing</p> <p>No Outsiders: Everyone different, everyone welcome: To show acceptance.</p>	<p>You me PSHE: Drug, alcohol and tobacco education: Different influences</p> <p>No Outsiders: Everyone different, everyone welcome: To explore friendship</p> <p>You Me, PSHE: Careers, financial capability and economic wellbeing: Borrowing and earning money</p> <p>No Outsiders: Everyone different, everyone welcome: To exchange dialogue and express an opinion</p>	<p>You me PSHE: Mental health and emotional wellbeing: Healthy Minds</p> <p>No Outsiders: Everyone different, everyone welcome: To show acceptance</p> <p>You me PSHE: Keeping safe and managing risks: Keeping safe out and about</p> <p>You Me PSHE Online safety</p> <p>Female genital mutilation</p> <p>Career aspirations</p> <p>No Outsiders: Everyone different, everyone welcome: To consider democracy</p>
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