



St Joseph's PE Curriculum Overview

	EYFS		Key Stage 1		Lower Key Stage 2		Upper Key Stage 2	
	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn term 1	EYFS - FMS - Elmer	EYFS - FMS - Elmer	FMS Baseline assessment KS1 - Y1 - FMS Baseline Unit – Supertato	FMS Baseline assessment KS1 - Y1 - Baseline Unit - Lost and Found Fundamental Skills KS1 - Y2 FMS - Playground games in the 20th century	FMS Baseline assessment Swimming Year 3/4 Creative Games – Tag and Target	FMS Baseline assessment Swimming Year 3/4 Creative Games – Tag and Target	FMS Baseline assessment Year 5/6 Creative Games Year 5/6 Invasion Games - Rugby	FMS Baseline assessment Year 5/6 Creative Games Year 5/6 Invasion Games - Netball
Autumn term 2	EYFS - FMS - How to catch a star	EYFS - FMS - How to catch a star	KS1 - Y1 - Gymnastics Activities Core Task 1	KS1 - Y2 FMS Bounce Ball KS1 - Y2 - Gymnastics Activities	Swimming Year 4 Gymnastics Core Task 1	Swimming Year 4 Gymnastics Core Task 1	Year 5/6 Net and Wall – Badminton Gymnastics Core Task 1	Year 5/6 Net and Wall – Tennis Gymnastics Core Task 1
Spring term 1	EYFS - FMS – Rumble in the Jungle	EYFS - FMS – Rumble in the Jungle	KS1 - Y1 Dance – Toy Story	KS1 FMS and Gym – Jack and the Beanstalk KS1 – Y2 Games – Piggy in the Middle (Core Task)	Swimming Year 3/4 Dance - Myths and Legends	Swimming Year 3/4 Dance - Myths and Legends	Year 5/6 Invasion Games - Football Year 5/6 Dance - Heroes and Villains	Year 5/6 Invasion Games - Hockey Year 5/6 Dance - Highway Man
Spring term 2	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Jack and the Beanstalk	KS1 - Y1 - FMS Underarm/Overarm Throw	KS1 – FMS – Kicking Unit KS1 - Y2 Dance - Wind in the Willows	Swimming Year 3/4 Target Games – Dodgeball	Swimming Year 3/4 Target Games – Dodgeball	Year 5/6 OAA - Teamwork and Problem Solving 1 Year 5/6 Striking and Fielding - Rounders	Year 5/6 OAA - Teamwork and Problem Solving 2 Year 5/6 Striking and Fielding Games - Cricket
Summer term 1	EYFS - FMS - Transport	EYFS - FMS - Transport	KS1 – Y1 Athletics KS1 – Y1 FMS Catching and Bouncing a ball	KS1 – Y2 Athletics KS1 - Y2 - Games - Net and Wall	Year 3/4 Athletics Year 3/4 OAA - Team Work & Problem Solving	Year 3/4 Athletics Year 3/4 OAA - Team Work & Problem Solving	Swimming Year 5/6 Athletics	Year 5/6 Athletics Year 5/6 Invasion Games - Rugby

Summer term 2	EYFS - FMS – Seaside EYFS End of year assessments	EYFS - FMS – Seaside EYFS End of year assessments	KS1 – FMS Kicking Unit FMS end of year assessments	KS1 - Y2 - Games - Striking and Fielding FMS end of KS1 Assessments	Year 3/4 Striking and Fielding – Cricket Year 3/4 Invasion Games – Rugby 1	Year 3/4 Striking and Fielding – Cricket Year 3/4 Invasion Games – Rugby 1	Year 5/6 Invasion Games - Hockey Year 5/6 Striking and Fielding Games - Cricket	Swimming Year 5/6 Striking and Fielding - Rounders
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